| Flour | $11 / 2$ cups |
| :---: | :---: |
| Baking Soda | 1 teaspoon |
| Baking Powder | 1 teaspoon |
| Salt | 1/2 teaspoon |
| Bananas, mashed | 3 |
| Brown Sugar | 3/4 cup |
| Egg | 1 |
| Butter, melted | 1/3 cup |
| Mini Chocolate Chips | 1/2 cup |
| Nuts, chopped | 1/2 cup |

## Directions

1. Preheat oven to $375^{\circ}$ and line or grease a 12 cup muffin tin.
2. Mix flour, baking soda, baking powder and salt together in a small bowl. Set aside.
3. In a standing mixer combine the bananas, egg, sugar and butter. Mix on medium low until combined, spoon in the flour mixture and mix till smooth.
4. Fold in the nuts and mini chocolate chips. With a medium size cookie scoop fill the muffin tins and put into the oven.
5. Bake for $\mathbf{2 0}$ minutes then allow to cool before eating them all.
